CHARITY STARTS AT WORK

With the support of generous businesses across the country the Sepsis Trust can continue to raise awareness, save lives, and offer support to those affected by sepsis.

Fundraising at work is a great way to boost team morale as well as raise your social responsibility profile in your industry and the local community. To help you we've got some simple and fun ideas to get your office involved in raising money for us.

Ban the buzzwords – Every office has words that get thrown around a lot which you could challenge people to avoid using. Jargon like 'strategy', 'moving forward' and 'no-brainer' can be banned for the week and a jar placed in the office to collect donations for every buzz word used.

Wear Orange Day – Turn your usual dress down Friday into a charity fashion extravaganza. Get your office to go all out in orange! Orange socks, orange tie, orange nails, orange lipstick…

Quiz – Sometimes the classic fundraisers are the best. There are plenty of great quizzes available online or you can personalise one to be about your work and even your colleagues!

Team Building Challenge – If your office team fancy a bigger fundraising challenge why not all take part in a run together or agree to all be daring and do a parachute jump for us! After all, fundraising at work doesn't have to be office-based.

The Great Office Bake Off – You can't beat a classic coffee morning and a nice slice of cake always goes down a treat at work. Get everyone involved and hold a bake-off competition. Simply pick a theme, start baking and get donating!

Email Signatures – A simple link to your giving page takes seconds to add but will be a constant reminder to internal staff and a polite ask for potentially generous external clients!

Matched Giving – Check with HR whether your company offers a matched- giving scheme. This can mean that whatever you raise will be doubled and your work will make double the difference!

On your bike – Get someone to bring in their exercise bike that's collecting dust at home and cycle the length of the Thames or from Lands' End to John O'Groats without leaving the office!

Charity of the Year

We would love it if you chose us as your charity of the year. If you would like to partner with us, please get in touch and we can discuss this further with you.

www.sepsistrust.org