

# SEPSIS SYMPTOMS

## CHILDREN:

A child may have sepsis if he or she:

- **Is breathing very fast**
- **Has a 'fit' or convulsion**
- **Looks mottled, bluish or pale**
- **Has a rash that does not fade when you press it**
- **Is very lethargic or difficult to wake**
- **Feels abnormally cold to touch**

## ADULTS:

An adult may have sepsis if they show any of these signs:

**S**lurred speech or confusion

**E**xtrême shivering or muscle pain

**P**assing no urine (in a day)

**S**evere breathlessness

**I**t feels like you're going to die

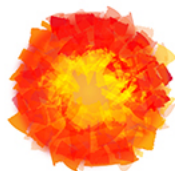
**S**kin mottled or discoloured

Call **111** or **contact your GP** if you're worried about an infection.

Call **999** or **visit A&E** if someone has one of the sepsis symptoms.

**JUST ASK "COULD IT BE SEPSIS?"**

**STREETS  
AGAINST SEPSIS**



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