

Sepsis doesn't care
if you're the best
in your field.



SEPSIS SYMPTOMS

ADULT

An adult may have sepsis if they show any of these signs:

- S**lurred speech or confusion
- E**xtrême shivering or muscle pain
- P**assing no urine (in a day)
- S**evere breathlessness
- I**t feels like you're going to die
- S**kin mottled or discoloured

CHILDREN

A child may have sepsis if he or she:

- **Is breathing very fast**
- **Has a 'fit' or convulsion**
- **Looks mottled, bluish, or pale**
- **Has a rash that does not fade when you press it**
- **Is very lethargic or difficult to wake**
- **Feels abnormally cold to touch**

Call **111** or **contact your GP** if you're worried about an infection.
Call **999** or **visit A&E** if someone has one of the sepsis symptoms.

JUST ASK "COULD IT BE SEPSIS?"

IT'S A SIMPLE QUESTION, BUT IT COULD SAVE A LIFE.

Visit sepsistrust.org/get-support
or call **FREE** on **0808 800 0029**.

In the UK alone, 245,000 people are affected by sepsis every year, with at least 48,000 losing their lives to sepsis related conditions. This is more than breast, bowel and prostate cancer combined. Recent experience suggests that the farming community is more susceptible to sepsis.

Find out more about our awareness campaign via sepsistrust.org/farming/ or scan the QR code below.



**BE SEPSIS SAVVY.
SPOT THE SIGNS.
SAVE LIVES.**



THE UK
SEPSIS
TRUST



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