

ANY CHILD WHO:

- 1 Is breathing very fast
- 2 Has a 'fit' or convulsion
- 3 Looks mottled, bluish or very pale
- 4 Has a rash that does not fade when you press it
- 5 Is very lethargic or difficult to wake
- 6 Feels abnormally cold to touch

MIGHT HAVE SEPSIS

**Dial 999 and Just Ask:
"Could it be Sepsis?"**

The UK Sepsis Trust registered charity number (England & Wales) 1158843 | (Scotland) SC050277.
Company Reg No B644039. Sepsis Enterprises Ltd company number 9583335.
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ANY CHILD UNDER 5 WHO:

- 1 Is not feeding
- 2 Is vomiting repeatedly
- 3 Hasn't had a wee or wet nappy for 12 hours

MIGHT HAVE SEPSIS

If you're worried or they're deteriorating call 111 or make an appointment to see your GP and Just Ask: "Could it be Sepsis?"



THE UK
SEPSIS
TRUST

sepsistrust.org

WHAT IS SEPSIS?

Sepsis is a life-threatening condition that arises when the body's response to an infection injures its own tissues and organs.

Sepsis can lead to shock, multiple organ failure and death especially if not recognised early and treated promptly.

HOW DO I SPOT IT?

Sepsis can initially look like other illnesses like 'flu or gastroenteritis and can be difficult to spot. There is no one sign, and symptoms can present differently in adults and children.

Email info@sepsistrust.org or call
0800 389 6255 for more information.

JUST ASK
“COULD IT BE SEPSIS?”
IT'S A SIMPLE QUESTION, BUT IT COULD SAVE A LIFE.